



PROGRAM MANUAL

FREEDOM OUTREACH TEEN CHALLENGE OF DENARE BEACH

Update: December 2015

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1:0 INTRODUCTION & OVERVIEW

Teen Challenge is one of the world's most successful programs with a track record of over 5 decades. We provide Bible-based training and instruction, structure and discipleship, along with 24-hour supervision. At Teen Challenge, you will encounter the power of God dynamically as your life is changed.

In the over 50 years that Teen Challenge has been operating around the world, we have learned some principles that may seem "Challenging" at first. You will experience an atmosphere charged with prayer and be exposed to some of the finest Christian teaching available. But it will be YOU who will make the choices. Remember... we are more interested in the development of character.

You will be challenged to do your best in all things. **You need to know that no matter what you have done in the past , God is able to change you and start you on the road to a new life!**

This manual will introduce you to the Teen Challenge Program. Although this organization is called Teen Challenge, we accept individuals ages 18 and over.

Though the guidelines of the program may seem strict, this is not a jail, institution, or government agency. We know from experience that if you are going to succeed in life, you need structure and discipline. Therefore remember that the rules are set up to help you concentrate on getting your life together, with the help of God.

1:1 HISTORY OF TEEN CHALLENGE

Early in 1958, David Wilkerson, a young Pastor from Phillipsburg Pennsylvania, was led by God to New York City to minister to troubled youth on the streets. After reaching hundreds who wanted help, he found that many needed long term residential care. It was then that Teen Challenge was formed to provide a Christ centered program for those with life controlling drug and alcohol problems. This is how the ministry of Teen Challenge began.

Today Teen Challenge is a non-profit, interdenominational, Christian program operating in 90 countries, with over 1100 locations world wide.

1:2 MISSION STATEMENT

- Provide community-based drug education, prevention and restoration programs on a national and international basis.
- Create a framework that challenges people to reach their fullest potential Spiritually -- Socially -- Educationally -- Occupationally.
- Develop and nurture the transformation of restored individuals into useful, productive, law-abiding citizens; committed to Christian faith, values, and living.

1:3 COST

There is a \$1000.00 induction fee* (non-refundable) to be paid upon arrival. The program is largely dependent on the free will offerings of concerned individuals to meet daily costs.

**A bursary fund has been established to assist those who absolutely can not afford the induction fee.*

Help in the support of students in the program is partially provided by monthly sponsors. The sponsors can be parents, relatives, churches, friends or concerned individuals. We strongly encourage new students to raise monthly support from friends or relatives who are in a position to help.

Other daily operational expenses and capital projects are raised through newsletters, church meetings and a variety of other means such as contract work projects, etc. These help to pay for your stay.

Teen Challenge of Denare Beach is a registered charity. The ministry subscribes to strict fiscal standards of operation. Teen Challenge is governed by a board of directors and an Executive Director with daily operations handled by Program Directors and support staff.

1:4 WHO THE PROGRAM IS FOR

The program is available to individuals over the age of 18, who have a sincere desire to seek answers to the difficulties that they are experiencing in dealing with life's problems. Applicants must have a life controlling problem to be considered for this program.

1. Applicants must be genuinely serious about changing their life, and willing to voluntarily submit themselves to a disciplined 12-month residential program.

2. You must be willing to consider Biblical solutions, be teachable, and
3. Have no severe disabilities that would prevent you from participating in the program.

1:5 HOW TO APPLY TO THE PROGRAM

There are three types of interview procedures to enter the program:

A. ON SITE INTERVIEWS:

If you live within a 4-hour driving radius of the center, you must apply in person by coming for an interview. You need to make an appointment. When you come for an interview, you will be required to read this manual and fill out an application (if you haven't done so already). You will then be interviewed for possible entrance into the program.

B. BY MAIL, E-MAIL or FAX

If you live outside a 4-hour driving radius of the center, read this manual thoroughly, fill out the application and send it back to us. We will then call you to arrange a time for a telephone interview.

C. CURRENTLY INCARCERATED

If you are currently incarcerated (in jail or in custody,) read this manual thoroughly and fill out the application. When the application has been filled out, return it to us. This can usually be done through your legal counsel or chaplain. We will then set up a time for either a visit or telephone interview.

1:6 WAITING LIST

If it is determined that you are eligible for the program, you will then be placed on the waiting list. While on the list you will be required to call the center every Monday in order to maintain your position on the list until a bed becomes available. You may call in between the hours of 9 AM to 5 PM.

If you fail to call on a Monday and keep your name on the list, your name will be moved to the bottom of the list. If you fail to call 2 weeks in a row, your name will be removed from the list.

1:7 ADMISSION TO THE PROGRAM

The Intake Coordinator will arrange intake day and time. Upon arrival you will be checked into the dorm and meet with a staff member to complete the necessary entrance forms.

All belongings will be thoroughly checked to make sure you have only what is allowed as mentioned on the Admission Information Sheet, which you received with your application. At this time you will also be checked to make sure that you are not carrying contraband on your person. A brief phone call will then be permitted to your family to let them know that you have arrived safely.

1:8 YOUR DECISION

There may be many reasons why you came to Teen Challenge for help. You might have been in rehabilitation programs before, but remember that Teen Challenge is different because it is a "Christ-centered" program. We believe that God, through His Son Jesus Christ is the answer to every problem that you are facing, or will face in the months to come. However, God does His part, but you must do your part. Your part is to be willing to seek God, accept direction from the staff and to put 100% effort into everything that you do.

This means that you must be serious about wanting to change your life! It also involves giving up street games and jailhouse attitudes and being open to learning the principles in the Bible. It is important that no one comes into the program thinking that he is going to change the program or the staff. Remember that you are only responsible to change what is in your life.

At Teen Challenge you will no longer be able to just "push" your problems aside. You must confront each problem and with God's help overcome them. As you overcome your problems you will be a step closer toward maturity and complete freedom from the problems you were facing when you entered the program.

2:0 THE PROGRAM

INDUCTION

PHASE 1 – ORIENTATION:

The induction phase of the Teen Challenge program starts with a probationary period of one month for the student to adjust to the residential and structured nature of the program. This is a trial period and at the end of these 30 days, there will be an evaluation by the Program Department as to your progress. A decision will be made at this time whether you will proceed.

The induction phase involves a minimum of six months with discipleship, counseling, teaching (individual and group), vocational training, Bible studies, Chapel services, recreation, etc.

To complete this phase, you will be expected to follow instructions, have a teachable attitude and have respect for people around you.

TRAINING

The purpose of this six month phase is to prepare the student for a successful return to society, by helping students learn to face everyday stresses and problems appropriately, and to show continued growth and stability. Each individual receives vocational and academic training, discipleship, training in life skills, and community involvement.

To complete this phase you will be showing that you can

- accept personal responsibility,
- make wise choices,
- be self-motivated,
- show initiative
- have tangible goals for the future,
- complete the academic goals for this phase
- demonstrate the ability to apply and live out the principles that has been learned in the program

During the last month prior to the completion of the training phase, the student is assessed and plans are made for the type of re-entry program most beneficial for the student. Each re-entry program is unique and is designed to fit the student's specific needs. The Dean of Students will assist you in your re-entry plans. Some examples of re-entry may be:

- a. employment
- b. school
- c. apply for an internship at a Teen Challenge Centre

2:1 SPIRITUAL LIFE

Within the program, emphasis is placed on your personal walk with God -- through His Son Jesus Christ. We help you to develop your spiritual life through morning and evening devotions, weekly chapels, and prayer, along with church on Sundays. Your active participation in these areas and being open to the teaching presented, chapels and discipleship will significantly affect your progress.

These are all mandatory within the program, but it is our hopes that they will become a way of life for you once you complete the program. These activities are not simply things "to do" but are designed so that you can develop a deep personal relationship with God through His Son Jesus Christ. Teen Challenge cannot set you free from drugs or alcohol -- only a living God can permanently change you! John 17:3 says, "This is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent." The only way to get to know someone is by spending time with him or her, and it's our prayer that you will develop a real hunger to know God intimately. He is the source of not only eternal life, but abundant life as well!

2:2 WORK DETAIL

Each work detail time you will be assigned a job, which you are responsible to carry out thoroughly. You may be on the same job for a period of days or even weeks. We are here to teach you not only the spiritual aspects of living, but responsibility, dependability, and accountability, which are important in living an effective and satisfying Christian life. This means you will learn good work habits, and a mature work ethic.

Your job may consist of kitchen, laundry, maintenance, construction, or working in one of our contract departments.

You will not be paid for any work you do while in the program. You are not allowed to apply for or receive any social assistance such as Employment Insurance or Welfare while in the program. The tasks you complete during work detail help you grow and develop Christian character.

These are also a way of making an offering back to the Lord for what He is doing for you in the program.

2:3 CLASSES

We have different types of classes here at Teen Challenge such as - "Personal Studies for New Christians" and "Group Studies." We use the Teen Challenge curriculum (from Springfield, Missouri) used in Teen Challenge centers worldwide.

The Personal Studies class are designed so that you can work at your own speed. Each lesson has its own instructions, so read it carefully. If you have any questions, ask your instructor. Do not feel you have to rush or compete with any other student on how many lessons you do or how high your grade is. *The most important thing is not how quickly you complete the lessons -- but how much you apply to your life!*

The Group Class is designed for the entire group to participate. This will be taught by one of your instructors. Homework will be assigned. You can take these homework assignments out of class to finish in study hall. It is very important that you do all assigned homework and hand it in when it is due. You will grow and advance in the program as you study and finish your homework as set out by your teacher.

Prompt attendance is required for all classes.

Periodically, guest teachers will be invited for special seminars.

2:4 RECREATION

Regular exercise is part of a healthy lifestyle. While participating in the program the men are expected to fully participate in all activities organized and determined by the staff during that time period. Its purpose is to provide Recreation which may include hikes, sports, gym, or other activities determined by the staff.

2:5 MINISTRY OUTREACH TEAMS

The Outreach teams are part of the program and also a privilege for all the students to be involved in. You will be expected to fully participate in all aspects of the outreach team you are assigned to.

2:6 ASSIGNED MENTORS

When you arrive at the center, you will be assigned a mentor. We encourage you to discuss your problems with your mentor regularly. They are available to answer a variety of your questions or problems.

2:7 PASSES AND VISITS

At various phases in the program you may apply to the Program Dean for visits and also passes off the Teen Challenge property. Passes range from 6 hours in the third month to 72 hours for those who have been in the program for several months.

The Dean of Men has the final say on your requests. These privileges are dependent upon what month you are in, and your general progress and attitude in the program.

It should be noted that you might be required to take a urinalysis test if deemed necessary by the staff upon the return from a pass off property.

2:8 STUDENT HANDBOOK

Teen Challenge has a thorough Student handbook, which you receive prior to coming into the program. It contains rules for all facets of the program, including appointments, purchases, work detail, church outings, recreation, etc.

- *It is your responsibility to familiarize yourself with every aspect of the student handbook.*

2:9 DISCIPLINE

Your behavior and attitude, (either good or bad) is recorded by staff on a "behavior report ticket" which is given to the Program Director and placed in your file. These may be either merit or demerit. Accordingly, your mentor will meet with you regularly to discuss these matters.

When you receive a demerit, the staff may correct you on the spot, and this may involve encouragement or reprimand.

Please know that there are two sides to love - affection and discipline. The main purpose for discipline is for you to learn. Don't be discouraged if you are put on discipline. Many previous students were on discipline at one time or another. The key was that they learned from their mistakes, and continued to grow in the program! You can too!

2:10 DISMISSAL

Activities, actions, and/or infractions that may result in the dismissal of a student from the program are:

- Smoking cigarettes, using drugs, alcohol or other substances
- Physical violence toward self or others, or threatening physical harm.
- Theft of Teen Challenge property or the property of others.
- Willful damage of Teen Challenge property, or the property of others.
- Siding and abetting others in violating rules, policies or procedures.
- Absent without leave -- off the property without an approved pass.
- Sexual misconduct.
- Not willingly responding to teaching.
- Persistently demonstrating an attitude of disregard for the rules.
- Unteachable attitude.

If you confess your needs in one of these areas, we will do all that can be done to help you. However, if you continually deny any fault or breach the rules, (when the facts are presented), you will be dismissed. Your actions and attitudes will help determine your progress in the program.

2:11 IF YOU WISH TO LEAVE

If you do decide to leave, please sit down and talk to your Mentor about why you wish to leave. We won't try to force you to stay, however, it is important for us to help you see all the aspects of the decision you are making.

If at some time you want to leave the program, we will not stop you from leaving - so please do not sneak out! Also, do not continually say, "I'm leaving" or something similar. This could put the thought in someone else's mind, and you would be responsible for that person leaving the program.

If you are dismissed, or leave by your own decision, arrangements must be made to take all your personal property with you. We cannot store your belongings for you. Any property you leave

here will be placed in the "Blessing Room" for other students who come into the program.

2:12 RE-ENTERING THE PROGRAM

When students leave the program of their own choice and wish to return, they may apply to re-enter after 30 days from the date of his departure. If this happens, you may be required to come in for an interview again. A review will be made of each individual case to determine if any other action will be taken.

When a student is dismissed from the program, application to re-enter may begin 3 months (90 days) after the date of dismissal. However, it is at the discretion of the Program Director as to how long you will have to wait to re-enter the program and whether or not you will be permitted to return to this center or referred to another center.

2:13 GRADUATION

After completing training at Teen Challenge, you are eligible to graduate based on the recommendation of the Executive Director, Program Director, and the Student Mentor whether the student has met all the necessary requirements.

2:14 PHASE LIMITATIONS

INDUCTION PHASE

COMMUNICATION	Pastor and immediate family only
MAIL	1 outgoing per week
PHONE	2 per week (married or child 3)
VISITS	none for 14 days
MONEY	\$5.00 on person
CHAPEL	front rows
PASSES	6hr

TRAINING PHASE

COMMUNICATION	Pastor, immediate family and approved friends
MAIL	2 outgoing per week*
PHONE	2 calls per week (married or child 3)*
VISITS	2 per month*
MONEY	\$10.00 on person
CHAPEL	2 nd row
MINISTRY	(by approval)
PASSES	24hr and 72hr passes

* or as approved by the Dean of Men.

Freedom Outreach Teen Challenge of Denare Beach

Admissions Information Sheet

- ◆ Your Application will not be processed until ALL 3 forms are returned to Teen Challenge Intake Department.(Application, Medical, Criminal Record Check)
- ◆ Applicants must arrive at Teen Challenge at the specified intake date & time. If for any good reason the applicant cannot arrive on the specified date & time, a call should be made to Teen Challenge advising the Intake Coordinator.
- ◆ Full Medical must be returned to Teen Challenge before entry date.
- ◆ No one will be admitted who comes in high or intoxicated.
- ◆ \$1000.00 (non-refundable) induction fee.

What to bring with you if you are able to:

Casual Shirts	Gym Shorts	Casual Slacks	Bathing Suit
Shoes & Sneakers	Underwear	Suit or Jacket	Ties
Work Clothes & Shoes	Dress Slacks	Dress Shirts	Toiletries
Shaving Gear	Pencils & Pens	Socks	Toothbrush
Bible	Notebook	Steel toe work boots	
Bath Towel			

Bedding is provided. Teen Challenge can also distribute other items that are donated to the center.

What NOT to bring with you:

Cigarettes or tobacco	Television	Radios	Books
CD/Tape Players	T-shirts w/slogans	Tapes/CDs	Cut-offs
Magazines	Drugs	Playing Cards	Vehicles

You and your belongings will be thoroughly checked on the day of your admission. Items deemed unsuitable for the program will be confiscated and (at the students request) either destroyed or stored.

Bring the following information with you:

- ◆ Names, addresses and phone numbers of:
 - Probation/Parole officer
 - Lawyers & Court Orders (if applicable)
 - All members of you immediate family who might wish to visit you while you are in the program.
 - Person to notify in case of emergency.
- ◆ Full information regarding court appearances including dates, times, court, judge, charge, and paperwork.

- ♦ Any prescribed medication you are currently required to take as ordered by you physician.
- ♦ Health insurance and Social Insurance numbers, Birth Certificates, Driver's License and passport and immigration permits if applicable.

SUPPORT

We would appreciate your effort in helping to raise some monthly support from your family and friends wherever possible. Please fill names, addresses, postal codes, phone numbers and monthly pledge amount. A receipt will be made at year's end. You can put this information on this sheet. The actual costs per student averages \$2,000 per month, however we do not charge our students.